



Preschool
News

BSD EARLY ED'S HOT TOPIC -- FRIENDSHIP SKILLS

Sharing is the foundation of building good friendships. However, sharing is hard because it means putting aside your own needs to make someone else happy. It is something that adults need to help children learn. Read more [here](#).



Teaching Children to Share

At Home

- Read books about sharing
- Compliment your child when he/she is sharing
- Point out times when others are sharing
- Prepare children for times when they'll need to share

In the Classroom Teachers

- Talk about the feelings associated with sharing
- Teach sharing through puppets, role playing, and give examples of how to share items
- Recognize when sharing occurs and identify the emotions felt when sharing happens



The Nurse says: Limit Screen Time

Preschoolers love to play and interact with the world around them. They are naturally curious and want to know how things work. When children play, they are developing their brains. They are using their imagination, problem solving, experimenting with their environment, developing personal skills and relationships with peers.

Quality educational screen time can be part of play and an opportunity for preschoolers to learn. Playing interactive phonics or math games can teach preschoolers early literacy skills and math skills. Well-designed preschool programming can teach important social skills with positive messages about behavior and friendships. However too much screen time is not healthy. This is why the American Academy of Pediatrics (AAP) has recommendations limiting the time preschoolers spend in front of a screen. Preschoolers should have NO MORE THAN 1 HOUR of screen time each day.

- A few important tips to make screen time healthy and productive:
- Research the games, apps, or programming your child will be watching



- Be with your child when they are watching age appropriate TV shows and talk about what they see and learn
- Play interactive educational games with your child
- Schedule plenty of non-screen unstructured play time into your child's day.
- Family meal time and bed time are times to put screens away and interact with your child
- All screens including tablets should be turned off at least an hour before bedtime as they may interfere with sleep.

Call our nurse, Carol Neary, with questions at 864-8463 x71422

Capital Plan Update:

The Early Ed Task force is sending out a survey to parents to help identify the needs of our SD Early Ed program. Please look for it and respond! Your voice is important.



Upcoming School Events-- Registration for Prek and Kindergarten at www.bsdt.org
2/25/19- 2/5/19 School Vacation -- Return to school on Wednesday 5/6/19

The DEADLINE for KINDERGARTEN REGISTRATION is Friday, FEBRUARY 22ND!



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