



Preschool News

BSD EARLY ED'S HOT TOPIC -- *Teaching to Understand Expectations*

Just like calendars and "to do" lists help adults remember what is required of us daily and in specific situations, children too can benefit from reminders. **Visual Schedules** can be very helpful to children. Check out how you can do this at home by clicking [here](#). Sometimes Challenging behaviors occur when children don't understand what is expected of them. Find some helpful hints to reduce challenging behaviors [here](#).



VISUAL SCHEDULES

At Home

Choose a difficult activity or time of day
Take pictures of the activity (include child in pics)
Place them in the order they will occur on a chart
Review the sequence with your child
Have child point to each step of the process

In the Classroom

Prepare children for the activities of the day
Help children become independent
Help children learn the sequence of an activity
(e.g sequence of dressing for outdoor play)
Let children follow rules/processes independently



The Nurse says: Get Moving!

Children love to move! Physical activity is essential for building strong and healthy bodies and minds! The preschool years are when your child is developing his/her motor skills, improving coordination and learning to play games and sports with greater skill.

Preschoolers and all children benefit from at least 60 minutes of physical activity each day. Research shows that on average children are only getting 20-25 minutes a day of activities that are needed to get their little hearts pumping aerobically! You can help your child achieve this goal by adding several fun 10-15 minute burst of activity each day. Some suggestions:

- Turn the music on and dance to a favorite song.
- Play tag, run, hop, and jump,
- Throw a ball
- Pretend to be a fast moving creature like a bee and move like that creature.
- Go for a walk.

All these little activities add up and teach your child that moving is Healthy and FUN!!

Call our nurse, Carol Neary, with questions at 864-8463 x71422





Capital Plan Update:

The Early Ed Task force continues to address the needs of our SD Early Ed program. We are still hoping to have a plan to share with the school board and the public soon.

Upcoming School Events-- Transition to Kindergarten Meetings

Thursday, January 24th 11:00 a.m.-12:00 p.m.----- Champlain Elementary School (800 Pine St)
Thursday, February 7th 12:00-1:00 p.m. ----- Janet S. Munt Family Room (20 Allen St)
Friday, February 8th 9:00-10:00 a.m.----- Ira Allen Early Ed Center (150 Colchester Ave)

Registration for Kindergarten is open! Register on our website at: www.bsdrv.org



@BSD_EarlyEd

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@BSDEarlyEd

KINDERGARTEN REGISTRATION

The Fall, 2019 Kindergarten Registration Deadline is **February 22, 2019**



**If you have a child turning 5 on or before *September 1, 2019*,
 you need to register them now for Kindergarten.**

Registration can only be done on-line at the district website: www.bsdvt.org. If you do not have access to a computer or need assistance you may stop by your neighborhood school where you will be given access to a computer and help with any questions. Families completing registration forms should bring 1) a copy of their child's birth certificate or other proof of age, 2) a copy of their immunization records, and 3) proof of residency.

Visiting Our Elementary Schools

To learn more about our schools you may choose to **come for a visit**. Many of the scheduled assemblies and events at each of our schools are open to new families. Please check school websites for any updates to tour schedules. These tours will be geared toward families looking to enroll the following school year. With any of our schools, if these dates cannot work for you, call for a tour by appointment.

Champlain: Please call the school at **864-8477** to let us know that you are coming.

Thursday, 1/10, 5:30-6:30 p.m. Tuesday, 1/15, 8:30-9:30 a.m.; Thursday, 1/17, 9:00-10:00 a.m.;

C.P. Smith: Please call the school at **864-8479** to let us know that you are coming.

Tuesday, 1/10, 5:00 p.m.; Wednesday, 1/23, 8:30 a.m.; Friday, 2/1, 8:30 a.m.,
 Tuesday, 2/7, 12:30 p.m.; Monday, 2/11, 5:00 p.m.; Wednesday, 2/20, 8:30 a.m.

Edmunds: Please call the school at **864-8473** to let us know that you are coming.

Tuesday, 1/8 - 8:15 a.m.; Thursday, 1/10 - 5:30 p.m. (Kindergarten "Sneak Peek" Pizza Party)
 Monday, 1/18 - 4:30 p.m.; Wednesday, 1/30 - 11:00 a.m.; Friday, 2/1 - 2:00 p.m.

Integrated Arts Academy (IAA): Please call the school at **864-8475** to let us know that you are coming.

Monday, 1/14, 8:10 a.m.; Wednesday, 2/6, 8:10 a.m.; Thursday, 2/7, 5:30 p.m.;

J.J. Flynn: Please call the school at **864-8478** to let us know that you are coming.

Tuesday, 1/8, 8:45 a.m.; Wednesday, 1/23, 10:00 a.m.; Thursday, 2/7, 4:30 p.m.;
 Tuesday, 2/12, 10:30 a.m.; Thursday, 2/21, 1:30 p.m.

Sustainability Academy (SA): Please call the school at **864-8480** to let us know that you are coming.

Tuesday, 1/15, 8:30am; Friday, 2/8, 8:30am; Wednesday, 2/20, 6:00pm

12/14/18

**Cultivating caring, creative, and
 courageous people. Join the journey!**



BURLINGTON
SCHOOL DISTRICT

Transition to Kindergarten

Please join us for an informal discussion about your child's transition to kindergarten. A kindergarten teacher, the Enrollment Coordinator and the Expanded Learning Director will join us to review kindergarten expectations, discuss simple ways to encourage early literacy and math skills, and answer questions regarding the Burlington Elementary Schools, registration, transportation, and after school programs.

When:

Where:

Wednesday, January 16th
1:30 PM – 2:30 PM

J.J. Flynn Preschool
(1645 North Ave, Burlington)

Thursday, January 24th
11:00 AM – 12:00 PM

Champlain Elementary
(800 Pine St, Burlington)

Thursday, February 7th
12:00 PM – 1:00 PM

Janet S. Munt Family Room
(20 Allen St, Burlington)

Friday, February 8th
9:00 AM – 10:00 AM

Ira Allen Early Ed. Center
(150 Colchester Ave, Burlington)



Please RSVP, to attend any one of the meetings, by calling Aryn at 864-8463 or emailing alamos@bsdvt.org prior to the date of the event.

****Please let us know if your family will be needing an interpreter at any of the meetings****