



September's Hot Topics

1. How to get ready for school.
<https://kidshealth.org/en/parents/adjust-to-preschool.html>
<https://www.zerotothree.org/resources/78-preschool-prep-how-to-prepare-your-toddler-for-preschool>
2. How to Help Your Child Have a Successful Morning
 Toddlers may require 11 to 14 hours of sleep to feel rested and typically take naps.
http://cainclusion.org/teachingpyramid/materials/family/teaching_routines.pdf

What's Happening



At Home

Set a wake up & bedtime routine
 Talk about upcoming changes & set expectations
 Read to your child daily

In the Classroom

*Be Helpful, Be Kind, Be Safe
 *Make new friends
 *Build confidence
 *Get to know the teachers, classroom, school

In the Community

Fletcher Library
 Play Groups
 KIDS

The Nurse says:



1. A copy of your child's **immunization record** must be on file to begin the school year. Drop it off to your child's teacher.
2. **Letter from the pediatrician** documenting your child's most recent well care exam, and information regarding health conditions and medications is need by **October 15th**. (link here)
3. **Outdoor Play Needs: Sun screen, Sneakers, and a Water Bottle** are needed for school for safe outdoor play

Capital Plan Update

The BSD Early Ed Director, Stacie Curtis, continues to work with the school board, superintendent, and teaching staff regarding our next steps for our early education program. Parent input and feedback will be gathered once a clear direction is determined.

